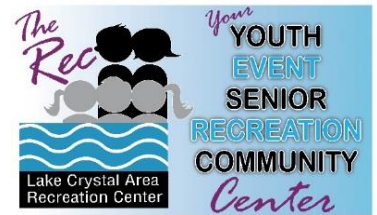


## The Lake Crystal Area Recreation Center Assoc., Inc., FID# 41-1867907

[www.lcarc.com](http://www.lcarc.com), Ryan Yunkers, Executive Director, 621 W Nathan, Lake Crystal, MN 56055



- The organization: The LCARC is a 501(c)3 organization whose mission is to **provide area communities with a family-oriented facility that will encourage people of all ages to improve their health and physical fitness** through the use and enjoyment of a variety of recreational activities.
- The facility: The facility is an impressive 38,000 square foot building which houses a 140,000-gallon pool featuring 6 lanes for lap swim and a water slide. It is **highly accessible** thanks to the zero-depth entry and pool chair lift. The facility also features 2 multi-use basketball/volleyball/pickleball courts; an elevated walking track; a fully-equipped fitness center with free weights, weight machines, and a variety of cardio equipment; an aerobics studio; and 2 multi-use conference/meeting rooms.

**Programs:** The LCARC provides a wide range of consistent programs, services, and special events that improve the quality of life of community members of all ages.



- Water and land aerobics classes, races, challenges, tournaments, personal training, etc.
- The LCARC serves as a **regional health center** by offering nutrition and wellness education programs, health fairs, flu shot clinics, blood drives, and **on-site physical therapy**.
- The LCARC offers a variety of **children's programs** including youth sports programs, safety programs, babysitters training, CPR/First Aid training, lifeguard certification, and holiday programs.
- The **Fit Kids After-School program** has provided a safe, structured environment for school-aged children age five to fifth grade where kids can get homework help, have a healthy snack, and get plenty of exercise.
- **Senior classes and programs** including The Aging Mastery Program, Senior Circuits, water aerobics, pickleball, and research-based classes like "Bone Builders" and "A Matter of Balance".



### Membership and regional reach:

- There are 1,365 registered members of the Rec Center currently, although many more people simply pay a daily admission when using the facility. Approximately one third of registered members are from outside of Lake Crystal, and hundreds of people monthly use day passes.
- More than **45 greater Blue Earth County organizations** annually use the LCARC including the Mankato Basketball Association, Maple River Community Ed, St. Clair Kids Connection, Garden City Wellcome Manor, Mankato Community Education and ACES, **The Miracle League**, and many more.

**Scholarship Membership Program:** The Scholarship Membership Program helps low-income individuals and families enjoy the benefits of full membership at the LCARC so that all families can receive the many benefits of membership.

